

# DATAGEDREVEN WERKEN

## PROEVERIJ UTWENTE

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*University of Twente*

*CHOIR*

*THT*



**CHOIR**  


# Dr. Gréanne Leeftink

2009-2014: BSc en MSc Industrial Engineering and Management

2014-2017: PhD

- Integrale planning van kankerzorg

Sinds 2018: Assistant Professor Operations Management in Healthcare

- Researcher-in-residence in Isala
- Chair UT onderzoeksprogramma *Technology in Healthcare Transformations*

# UNIVERSITY OF TWENTE.



The logo for Isala, featuring the word 'Isala' in a blue, stylized, lowercase font.

The logo for CHOIR, with the word 'CHOIR' in a large, bold, black, sans-serif font. Below the text is a red ECG (heart rate) line.







Onze website:  
<http://www.utwente.nl/en/choir>



# Center for Healthcare Operations Improvement and Research

# Dr. Anke Lenferink



- Universitair docent & klinisch epidemioloog (2017-heden)
  - UT, Health Technology and Services Research (HTSR)
  - Chair Technology in Healthcare Transformations (THT) onderzoeksprogramma
  - Medisch Spectrum Twente, Department of Pulmonary Medicine
  - Rijnstate Hospital Arnhem, Clinical Research Centre



- Zelfmanagement interventie patiënten met COPD en comorbiditeiten (PhD 2017)
  - UT, MST, CWZ, Flinders University



- Klinisch coördinator RE-SAMPLE (2021-heden)
  - **RE**al-time data monitoring for **S**hared, **A**daptive, **M**ulti-domain and **P**ersonalised prediction and decision making for **L**ong-term pulmonary care **E**cosystems ([www.re-sample.eu](http://www.re-sample.eu))
  - UT, MST



**Health Technology and Services Research (HTSR)**

- Health Services Research
- Health Preference Research
- Technology Assessment for Health Systems Engineering



*Meer info: <https://www.utwente.nl/en/bms/htsr/>*

# TECHNOLOGY IN HEALTHCARE TRANSFORMATIONS

We need to join forces to  
make effective, efficient,  
and sustainable  
transformations!



# AGENDA

## PROEVERIJ VAN ONDERZOEK RONDOM DATAGEDREVEN WERKEN

### Case 1:

Virtuele zorgcentra

### Case 2:

Doorstroom cliënten

### Case 3:

Flexibele inzet van professionals

### Case 4:

Zorg op maat -  
Dataverzameling

### Case 5:

Zorg op maat -  
Data delen

### Afronding:

Samenwerkingsvormen



# Virtuele zorgcentra



Isala

# TRANSFORMATION OF CARE

## NEW STANDARD OF CARE IN ISALA: CONNECTED CARE



Education & Self Management



Telemonitoring

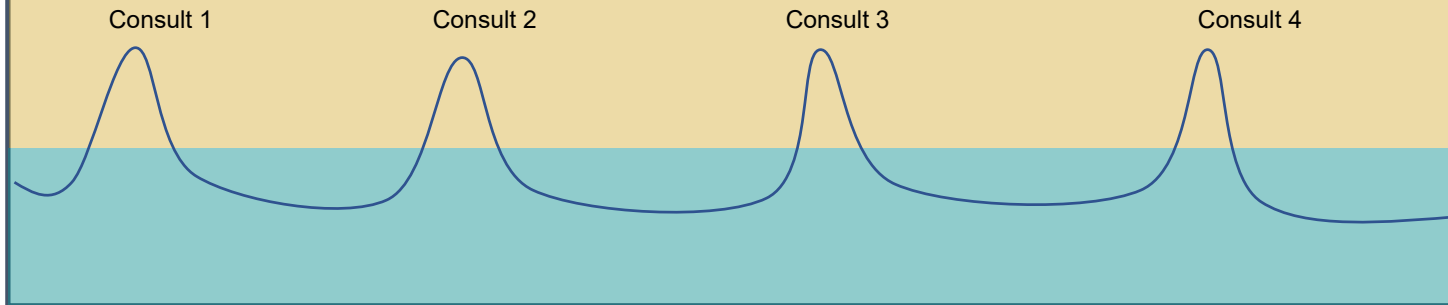


Isala@home



Mr. Johnson

### Traditional out patient care



Isala

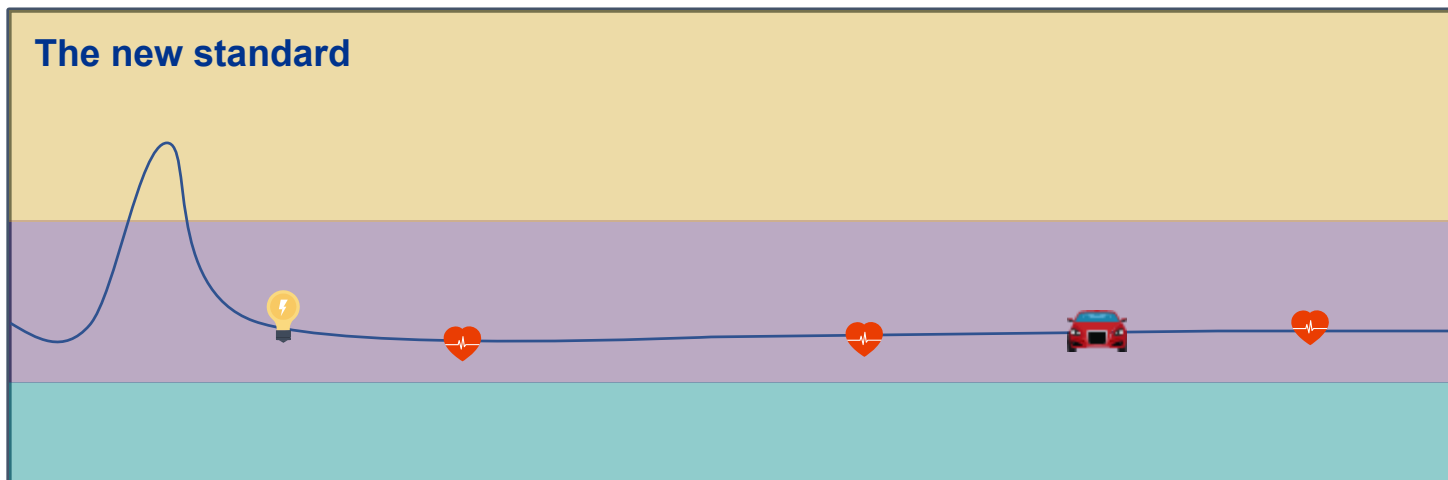


@home, primary care



Mr. Johnson

### The new standard



Isala



Connected @home



@home, primary care

19/06/2024

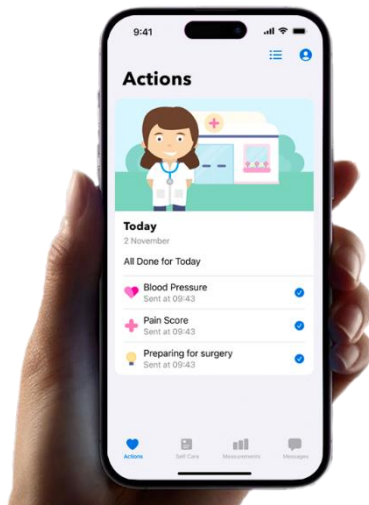
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# VIRTUAL CARE CENTER

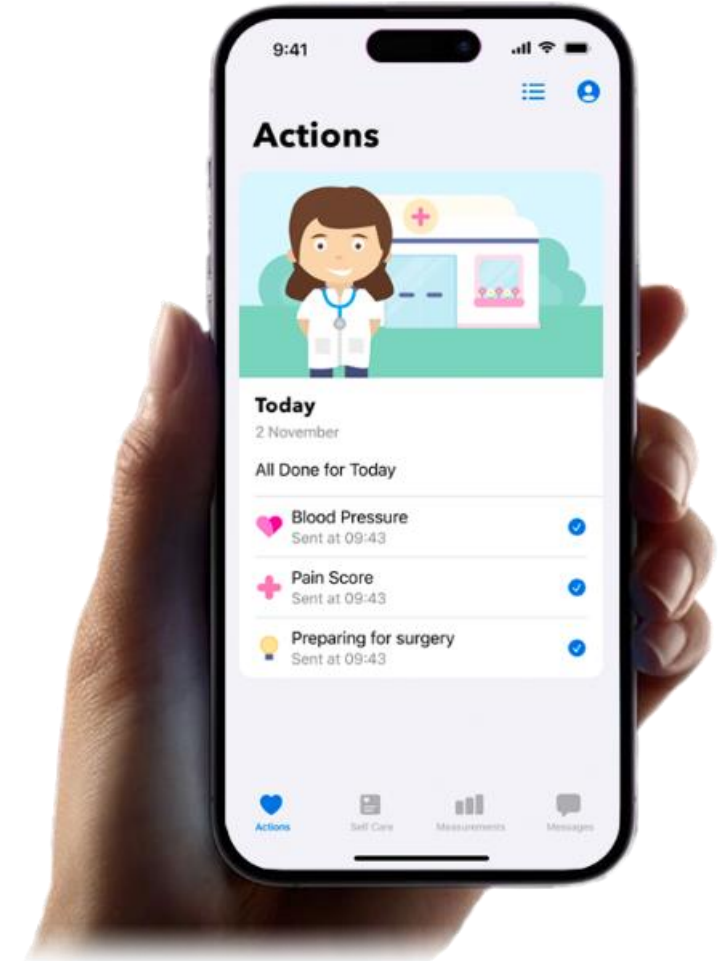
REGIONAAL CONTROLECENTRUM, ZORGCENTRALE, MEDISCH COÖRDINATIE BUREAU



# EXAMPLE: MONITORING CHRONIC PATIENTS TO PREVENT EXACERBATIONS

COPD&ASTMA, IBD, HARTFALEN, ...

1. Patient fill out a survey every x time units + self-education lessons.
2. Application generates alerts.
3. (Specialised) nurses/physician assistants check the alerts (VCC or department specific), make decision:
  - Send message to patient.
  - Call patient.
  - Signal medical specialist -> decide on further diagnostics, medication change, outpatient clinic visit, etc.
4. Patient visits medical specialist / specialized nurse at least x per year.



# EXAMPLE: INFUSION TREATMENT @HOME/HUB

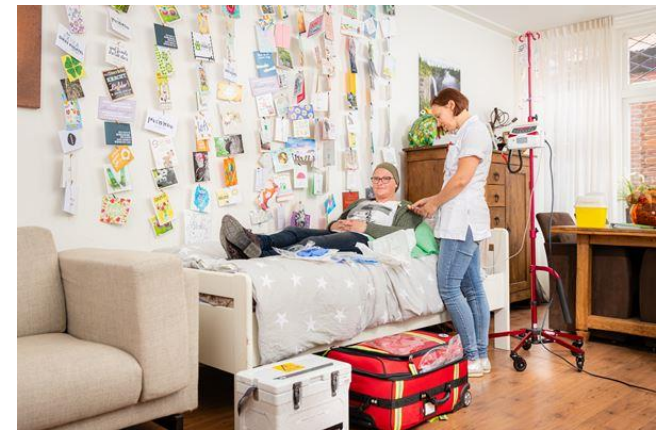
## ONCOLOGY TREATMENTS (CURE WITH REGIMEN)

First 3 doses always in the main hospital.

Only for patients with treatments of  $\leq 30$  minutes and no toxic/dangerous drugs.

Three options:

- In main location
- In hub location
- In patient's home

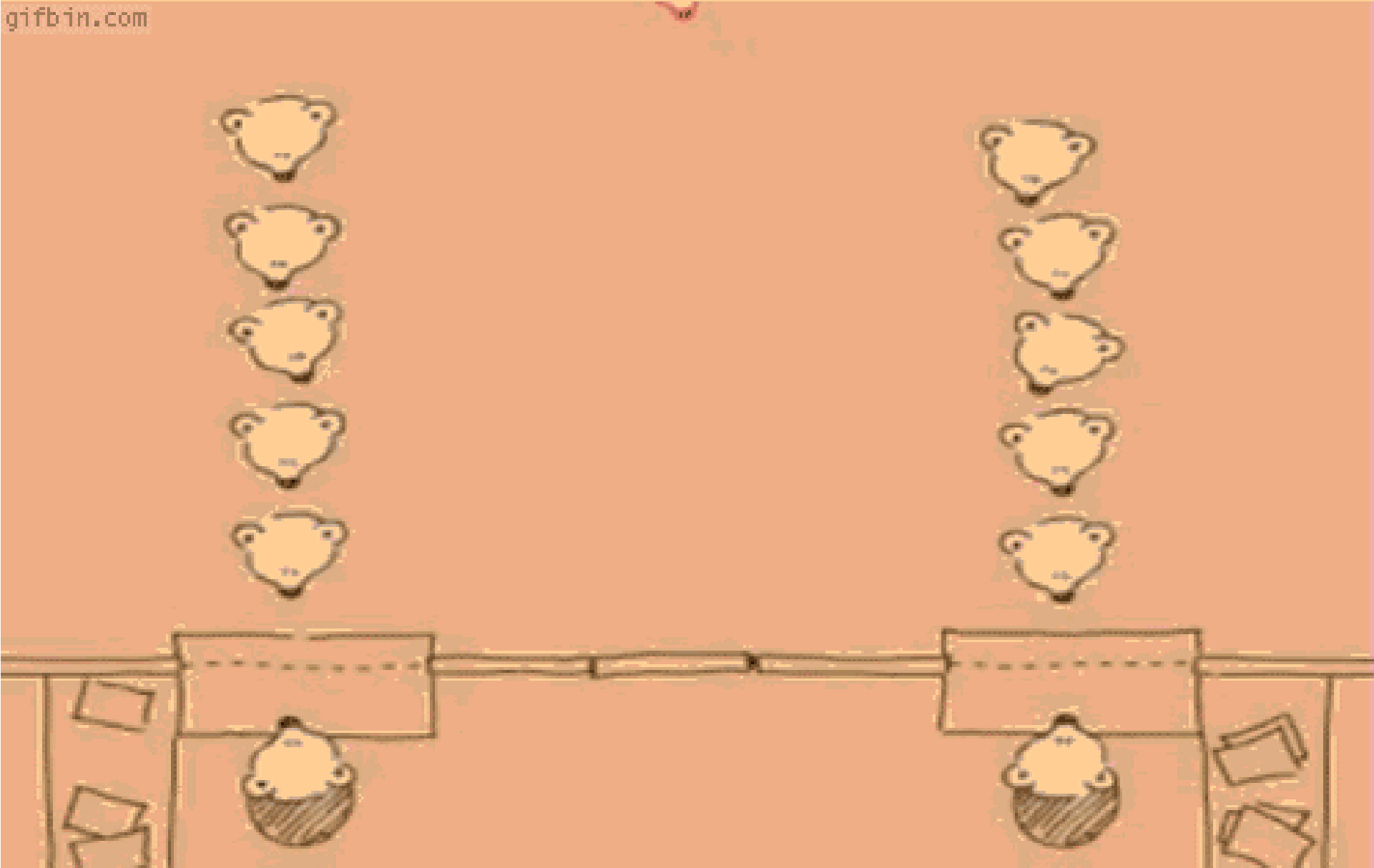


# ONDERZOEKSRICHTINGEN

- Alarmeringen (en thresholds van de alarmeringen)
- Werkdruk van verpleegkundigen in VCCs
- Ervaringen van verpleegkundigen in VCCs
- Capaciteitsinrichting van VCC
- Planning en scheduling in VCC
- Doelmatigheidsanalyses
- Procesverbetering
- Organisatie: centraal vs decentraal, case-mix, locatie, ..
- En meer...

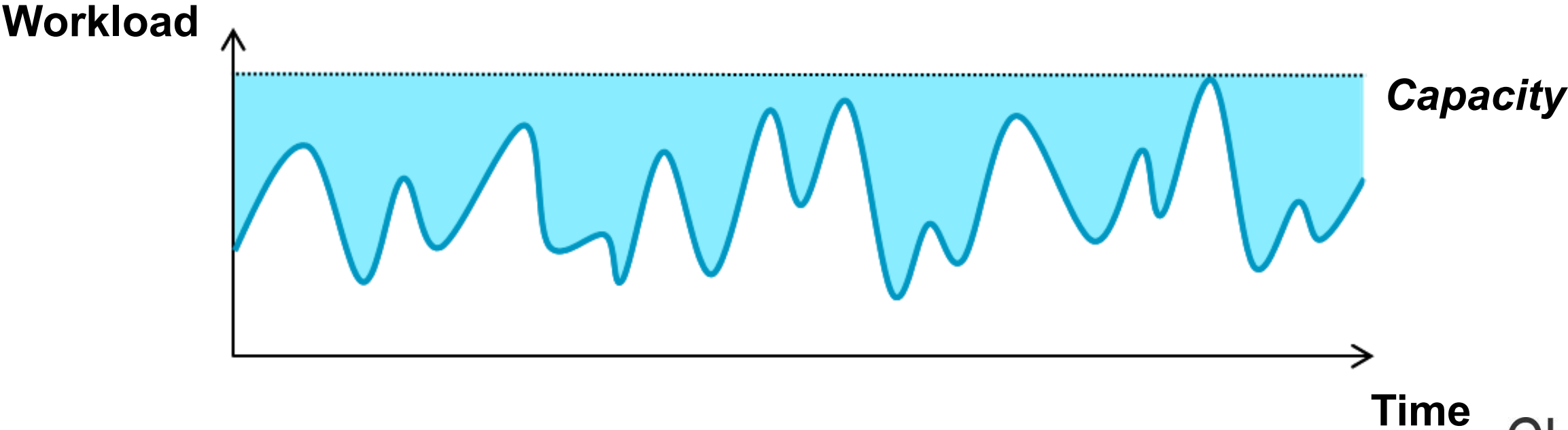
# Doorstroom cliënten





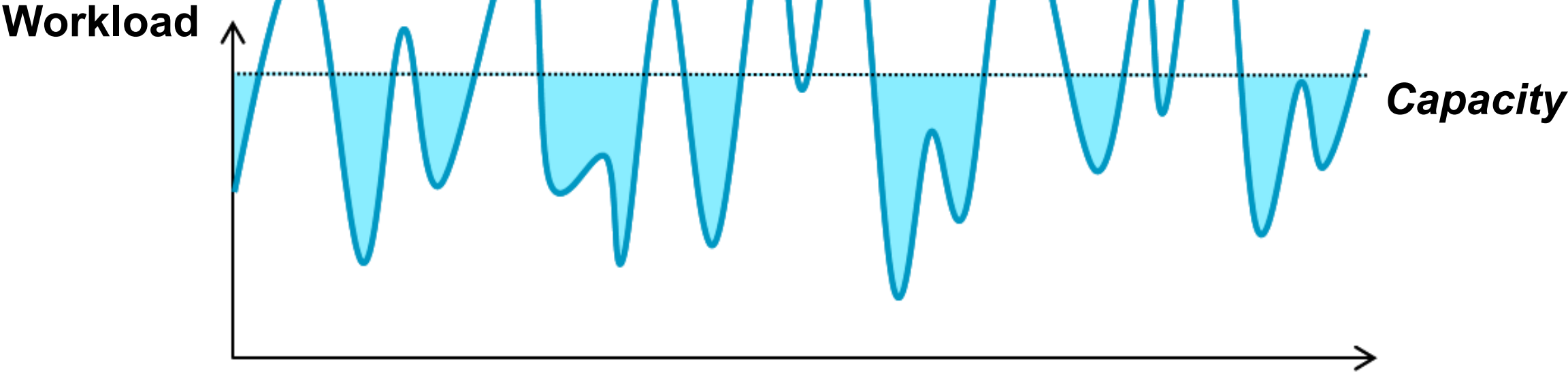
# CAPACITY PLANNING AND MANAGEMENT

The goal is often to maximize occupancy/utilization...



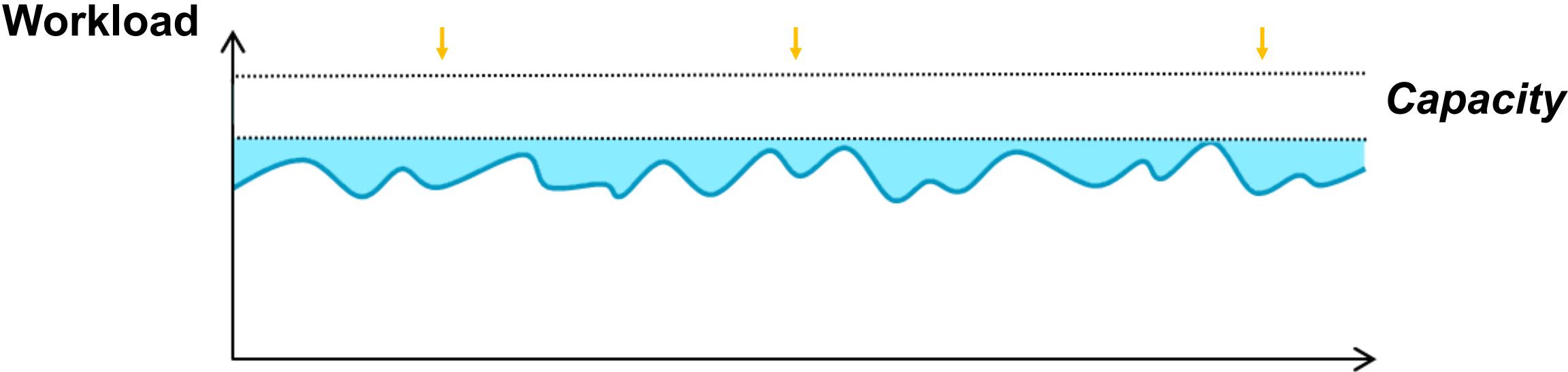
# CAPACITY PLANNING AND MANAGEMENT

... but in case of demand variability, maximizing occupancy leads to longer waiting times and fluctuation between over-/under-capacity.



# CAPACITY PLANNING AND MANAGEMENT

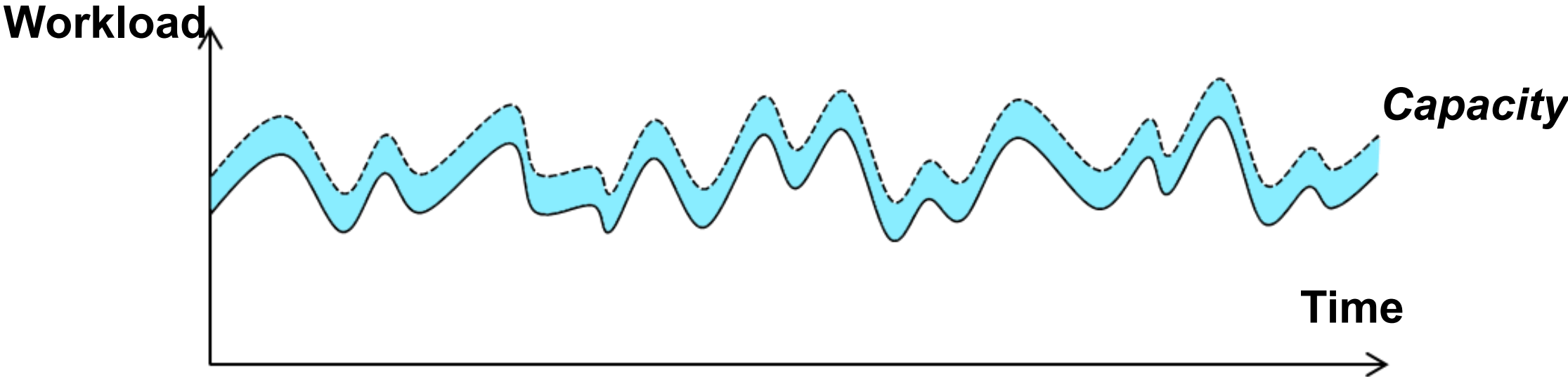
If we can manage the demand variability, we can increase occupancy with less capacity.



# CAPACITY PLANNING AND MANAGEMENT

If we can not avoid variability, we can plan flexibility.

e.g. flexible personnel, block extra capacity, plan buffers, rescheduling, pooling of flexible resources



# Voorbeeld 1: reducereen variabiliteit

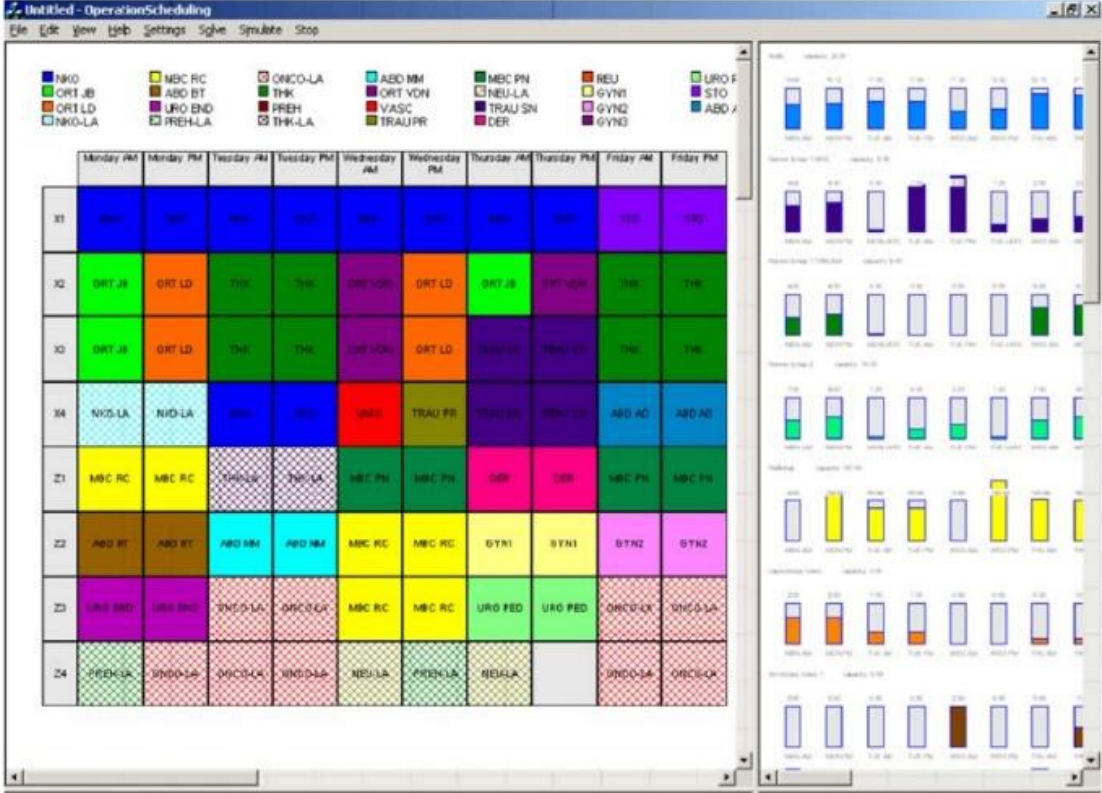
# PLANNING IS VARIABILITY MANAGEMENT!

PLANNING IS USING FLEXIBILITY TO MITIGATE VARIABILITY IN SUPPLY AND DEMAND

*Natural variation*



*Artificial variation*



# EXAMPLE: MASTER SURGERY SCHEDULING AND IMPACT ON WARDS

A STUDY IN THE ANTONIE VAN LEEUWENHOEK HOSPITAL

|     | OR 1  | OR 2 | OR 3  | OR 4  | OR 5   | OR 6  | OR 7      | OR 8   |
|-----|-------|------|-------|-------|--------|-------|-----------|--------|
| MON | Blue  | Blue | Blue  | Brown | Yellow | Blue  | Dark Blue | Yellow |
| TUE | Green | Blue | Blue  | Green | Green  | Green | Dark Blue | Green  |
| WED | Blue  | Blue | Green | Brown | Yellow | Brown | Dark Blue | Yellow |
| THU | Green | Blue | Blue  | Green | Green  | Blue  | Dark Blue | Brown  |
| FRI | Blue  | Blue | Green | Brown | Yellow | Brown | Dark Blue | Yellow |

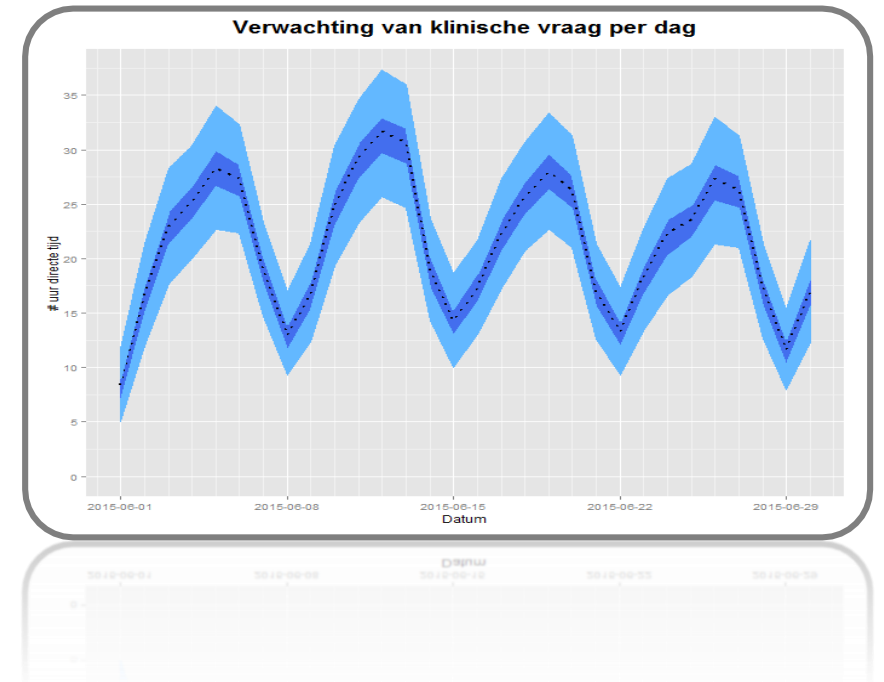
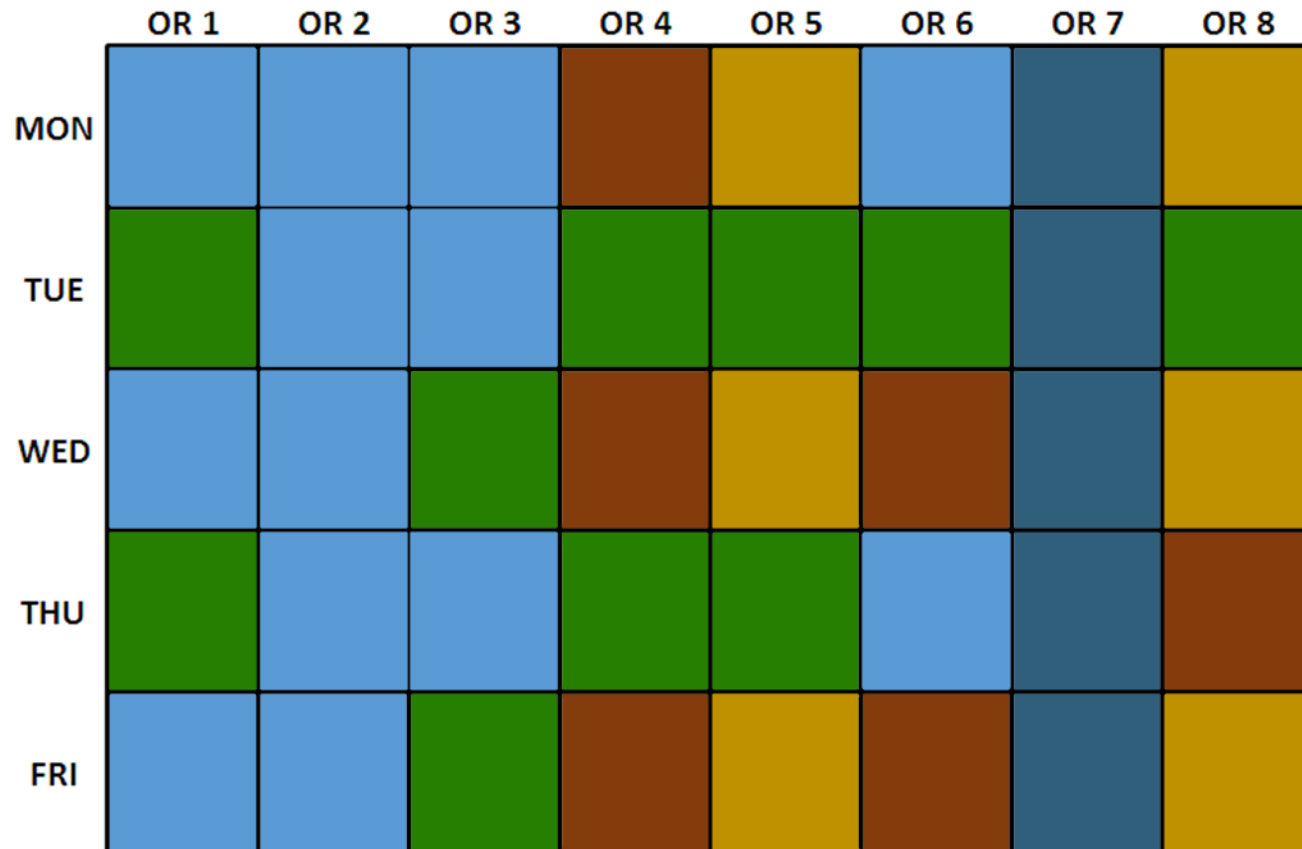
What are the odds that 1 patient will be operated? Or 2? Or 3 ...?

What are the odds that a patient stays in the ward for 1 day? Or 2 days? Or 3 days ...?



# EXAMPLE: MASTER SURGERY SCHEDULING AND IMPACT ON WARDS

A STUDY IN THE ANTONIE VAN LEEUWENHOEK HOSPITAL



P.T. Vanberkel (2011), *Interacting hospital departments and uncertain patient flows: theoretical models and applications*,  
University of Twente

19/06/2024

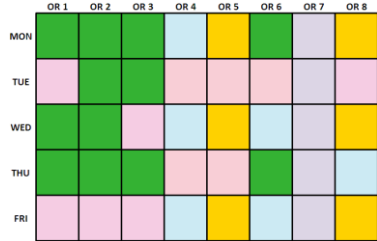
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# HOW THE OPERATING ROOM IMPACTS THE WARDS

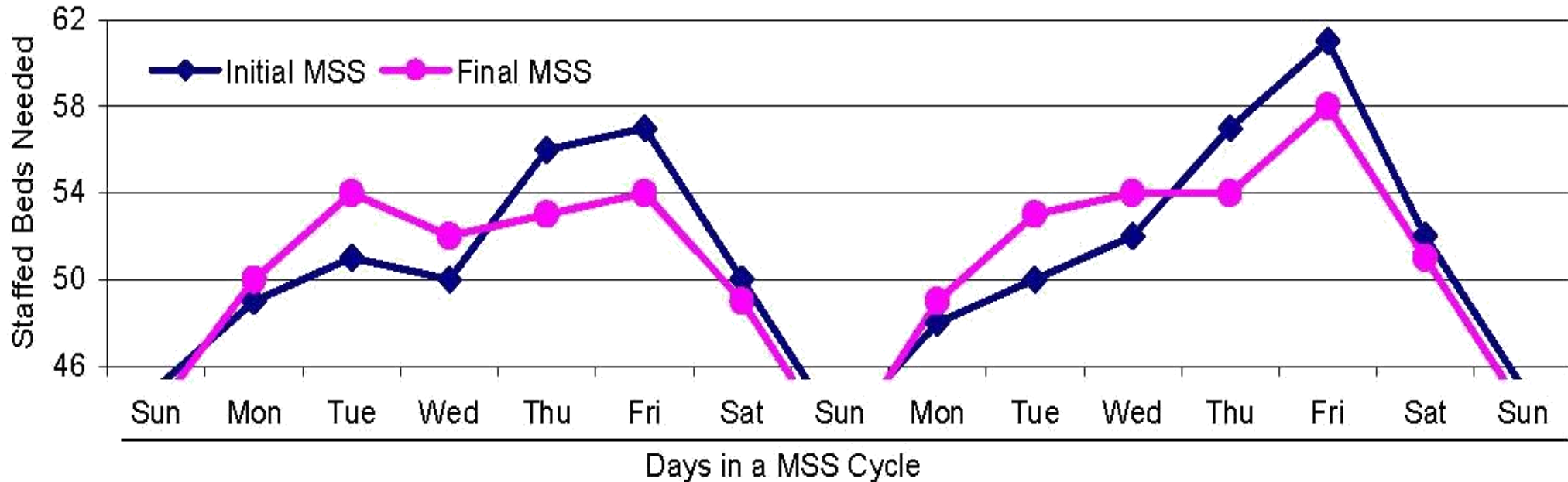
## OUTCOMES



Peter Vanberkel

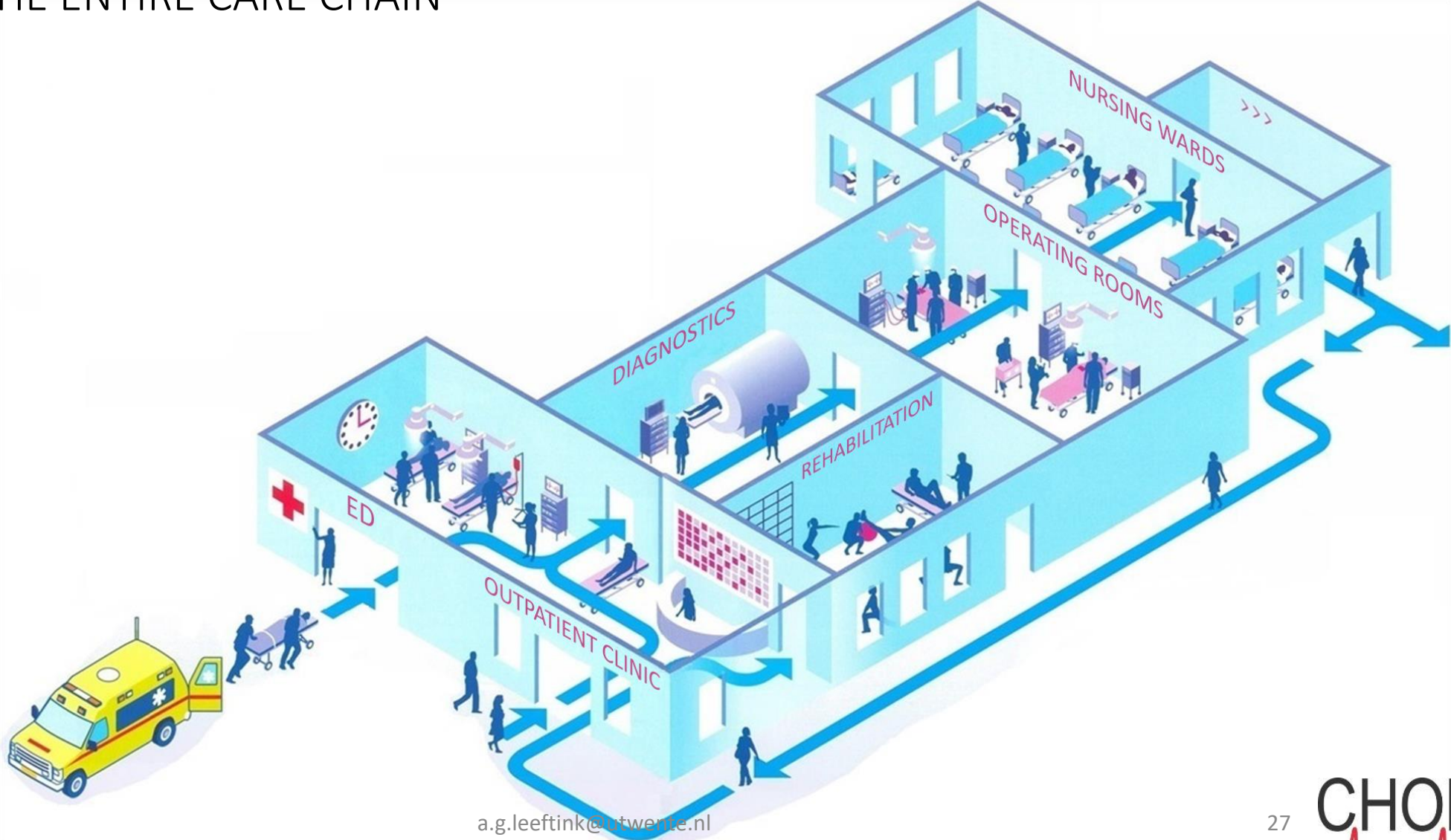


Additional 8th OR possible with current ward capacity (both beds and staff)



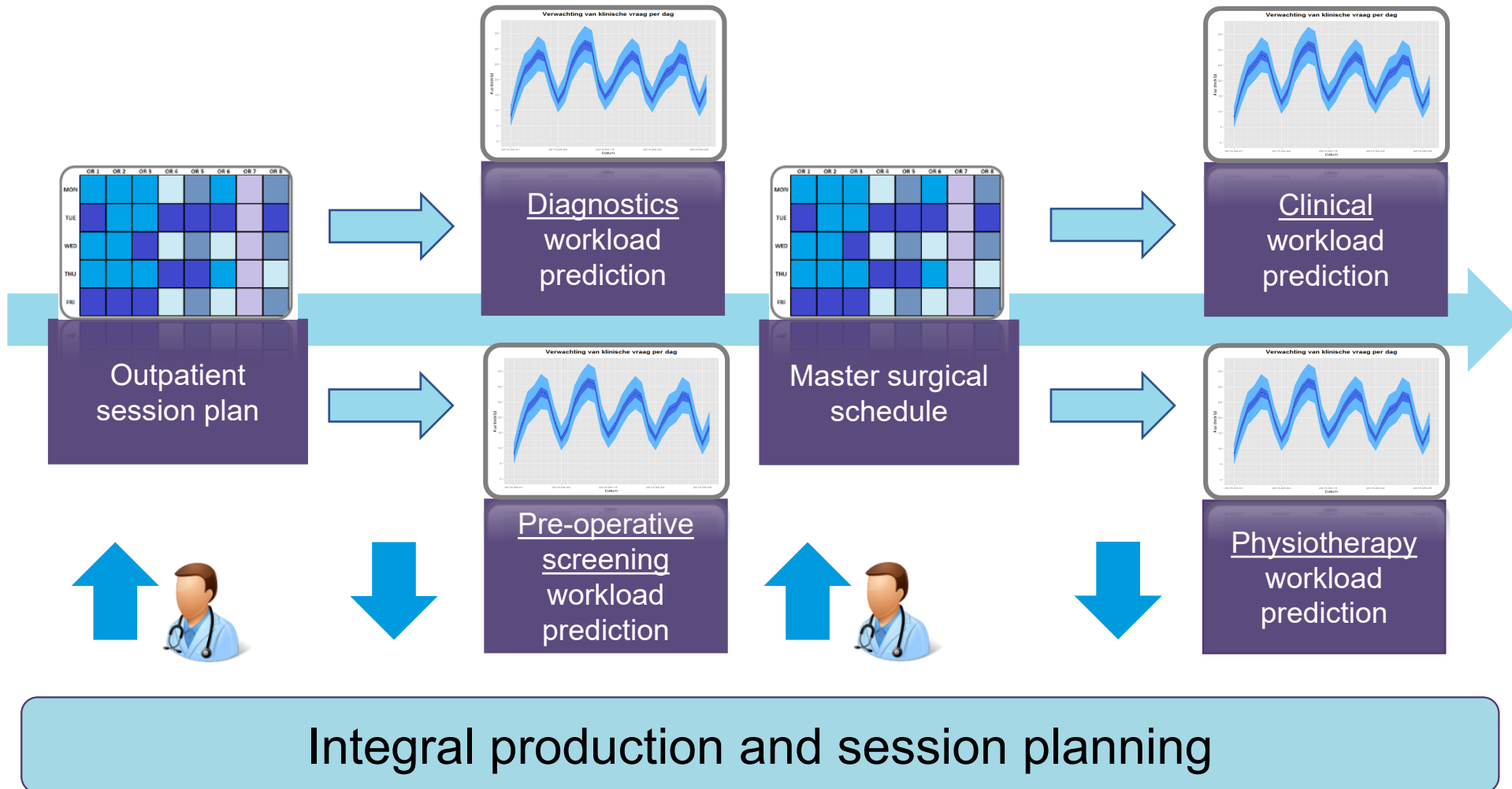
# INTEGRAL PERSPECTIVE ON HEALTHCARE SYSTEM

WE CONSIDER THE ENTIRE CARE CHAIN



# HOW TO CONTINUE WITH THESE MODELS?

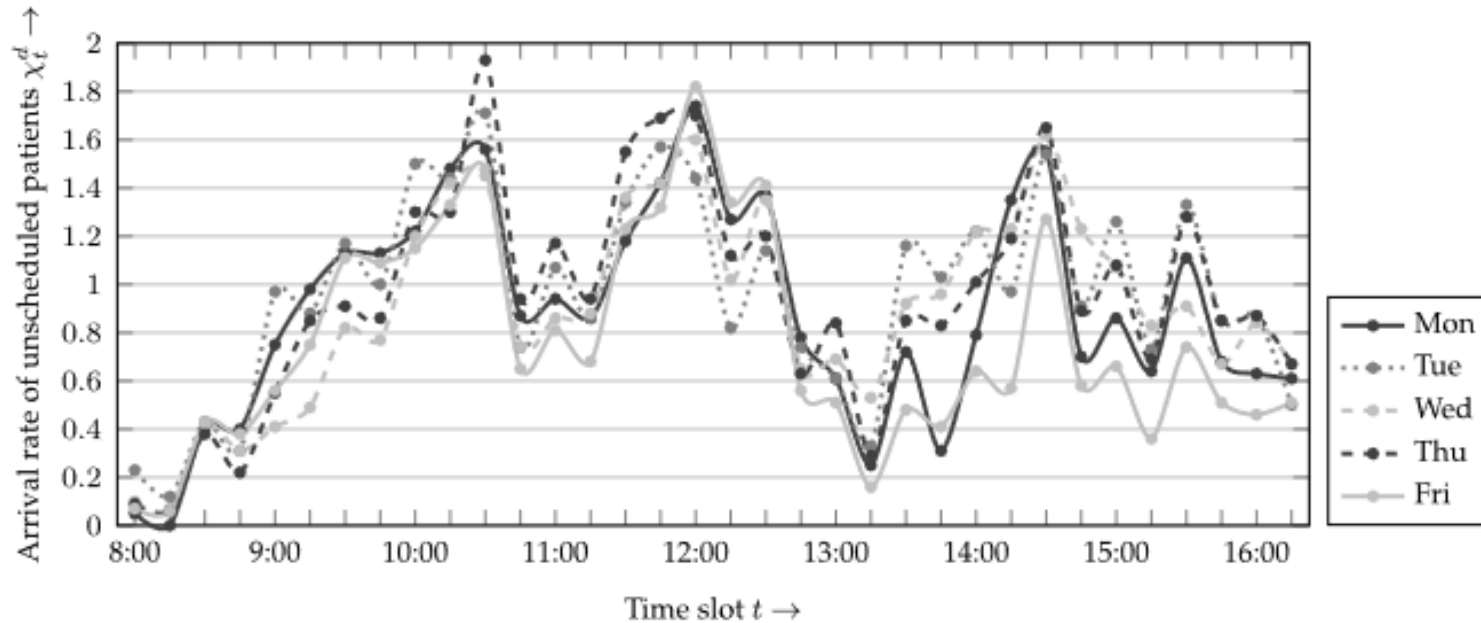
SCHEDULE BASED PREDICTIONS OF WORKLOAD OFFER A GENERIC FRAMEWORK FOR JOINT OPTIMIZATION



# Voorbeeld 2: simulatie patiëntenproces

# PATIENT CARE PATHWAYS

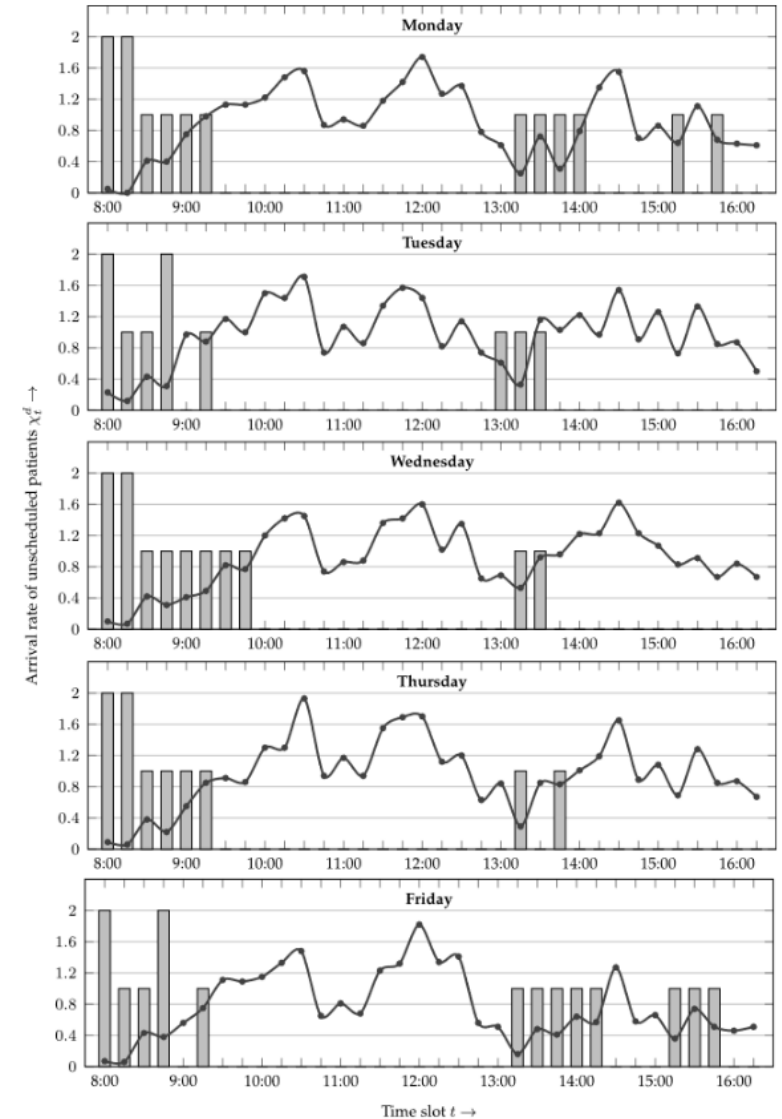
SAVINGS IN IDLE TIME CAN BE BETTER USED BY PLANNING ADDITIONAL APPOINTMENTS; WALK-IN VS APPOINTMENTS



**Fig. 5.** Unscheduled patient arrival rates per slot per day for the case study.

Kortbeek, N., Zonderland, M. E., Braaksma, A., Vliegen, I. M., Boucherie, R. J., Litvak, N., & Hans, E. W. (2014). Designing cyclic appointment schedules for outpatient clinics with scheduled and unscheduled patient arrivals. *Performance evaluation*, 80, 5-26.

N. Kortbeek et al. / Performance Evaluation 80 (2014) 5–26



**Fig. 6.** The CAS versus the unscheduled patient arrival rates.

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# PATIENT CARE PATHWAYS

JOINT OPTIMIZATION OVER SPECIALTIES RESULTS IN 21% SAVINGS OF IDLE, WAITING, AND OVERTIME

Dag=Zaterdag  
Datum=01.07.2017



Wachlijst  
AantalPatientenWachlijst=0



$$\min E[Q(x, \xi)],$$

s.t.

$$Y_{s,t} \leq c_s \quad \forall t \in T \setminus \{1\}, s \in S^*$$

$$Y_{s,1} = c_s \quad \forall s \in S^*,$$

$$Y_{s,t} \in \mathbb{Z}^+ \quad \forall t \in T, s \in S^*$$

$$Q(x, \xi) = \min_{\epsilon \in \mathbb{I}} \sum_{s \in S^*} O_s^\xi \quad \text{with } I_s^\xi, \quad \text{with } I_s^\xi, \quad \text{with } I_s^\xi,$$

s.t.

$$\sum_{t \in T} X_{s,t}^\xi = x_s^\xi \quad \forall s \in S^*,$$

$$X_{1,t}^\xi = 0 \quad \forall t \geq |T|,$$

$$\sum_{s \in S^*} X_{s,t}^\xi = c_1 \quad \forall t \in T,$$

$$L_{s,t}^\xi \geq X_{s,t}^\xi + Y_{s,t} - c_s \quad \forall s \in S^*, t = 1,$$

$$L_{s,t}^\xi \geq L_{s,t-1}^\xi + X_{s,t}^\xi + Y_{s,t} - c_s \quad \forall t \in T^*, s \in S^*,$$

$$O_s^\xi \geq L_{s,|T|}^\xi \quad \forall s \in S^*,$$

$$W_s^\xi \geq \sum_{t \in T} L_{s,t}^\xi + \sum_{\tilde{t} \in \tilde{T}} L_{s,\tilde{t}}^\xi \quad \forall s \in S^*,$$

$$I_s^\xi \geq c_s |T| + O_s^\xi - \sum_{t \in T} (Y_{s,t} + X_{s,t}^\xi) \quad \forall s \in S^*,$$

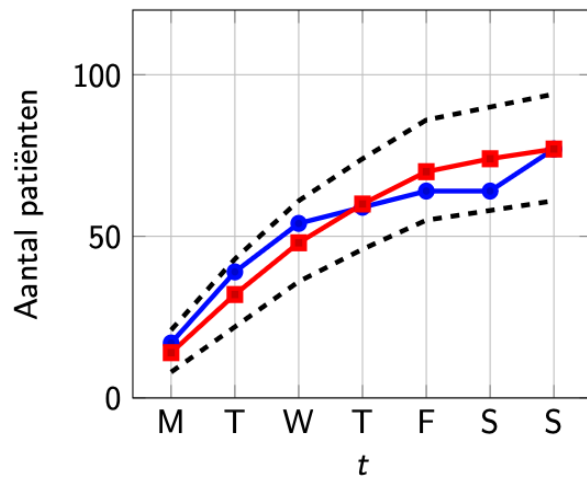
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all variables  $\in \mathbb{Z}^+$ .



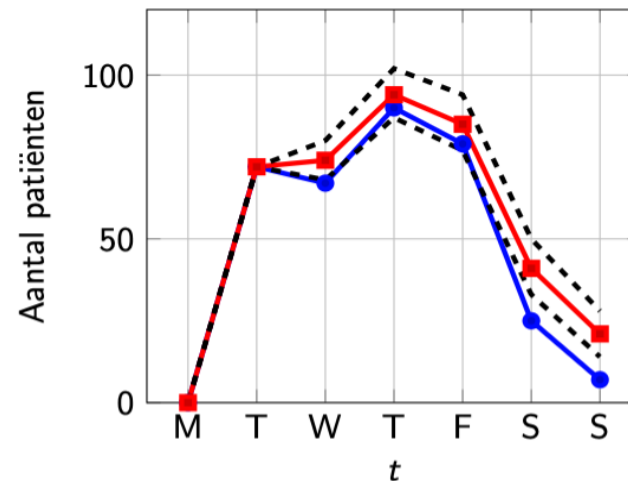
# Voorbeeld 3: voorspellen verwachte ontslagdatum



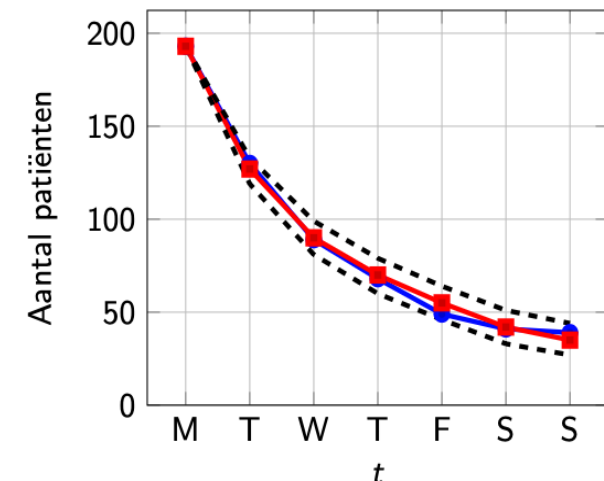
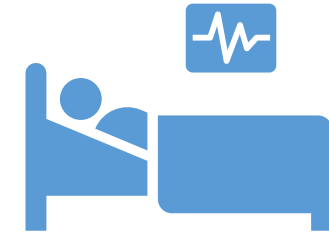
# RESULTS: PREDICTED CENSUS DECOMPOSED



Emergency patients accurately predicted (within 95%-CI)



Elective patients follow pattern, but overestimation in weekend



Remaining patients already present in the wards accurately predicted

# IMPLEMENTATIE: DASHBOARD MET ONTSLAG-INFORMATIE

REAL-TIME STUURINFORMATIE IN DIAKONESSENHUIS

# Flexibele inzet van professionals

# CAPACITY SHARING IN NEONATAL CARE

THE DUTCH NEONATAL NETWORK TAKES CARE OF 4100 NEONATAL PATIENTS PER YEAR



# CAPACITY SHARING IN NEONATAL CARE

NO CAPACITY IN THE CATCHMENT AREA? A PATIENT IS TRANSPORTED TO ANOTHER LOCATION



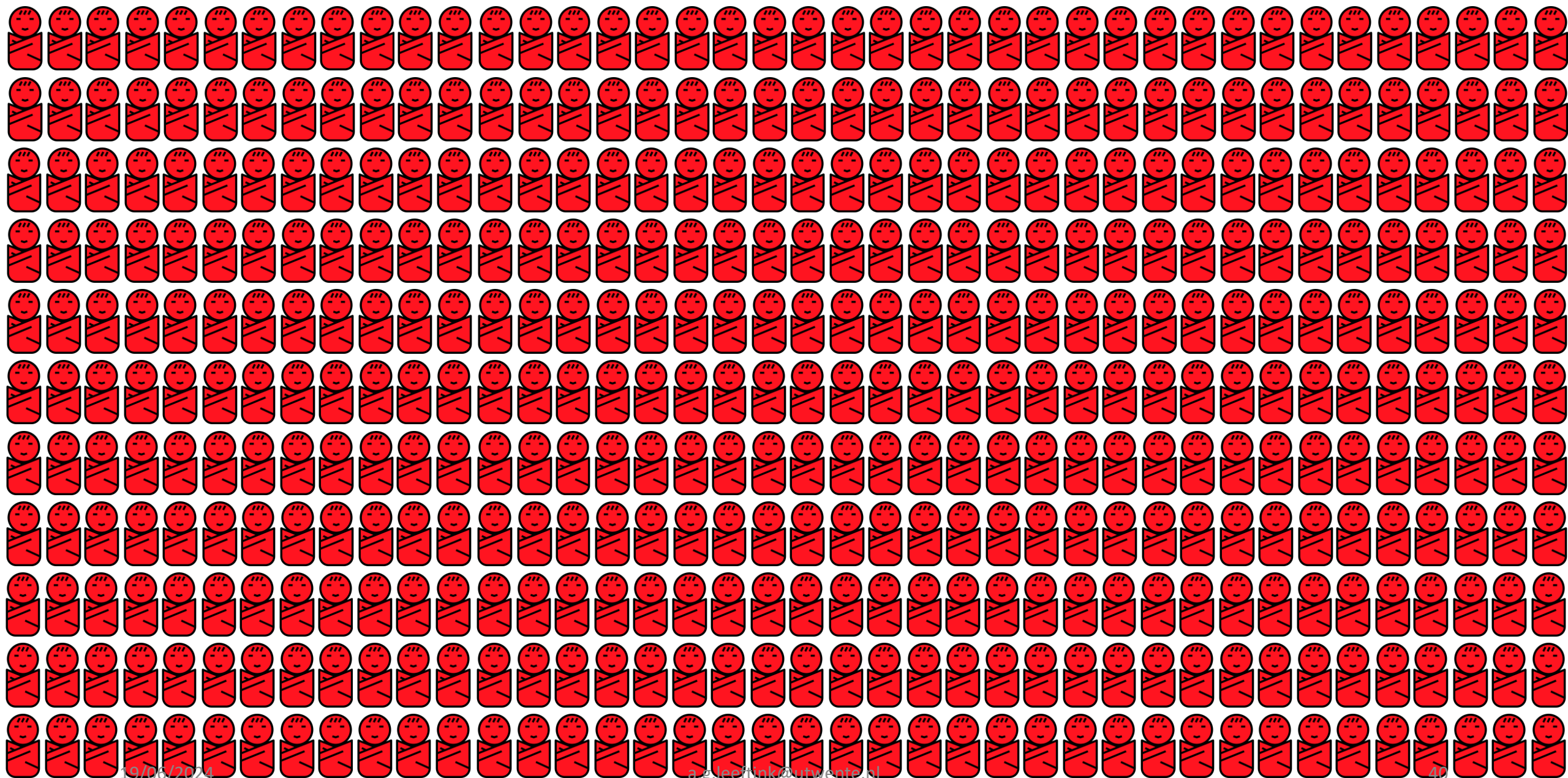
# PLANNING IS VARIABILITEITSMANAGEMENT!

... A LITTLE FLEXIBILITY GOES A LONG WAY



Wat zijn andere opties voor het introduceren van flexibiliteit in het zorgnetwerk?



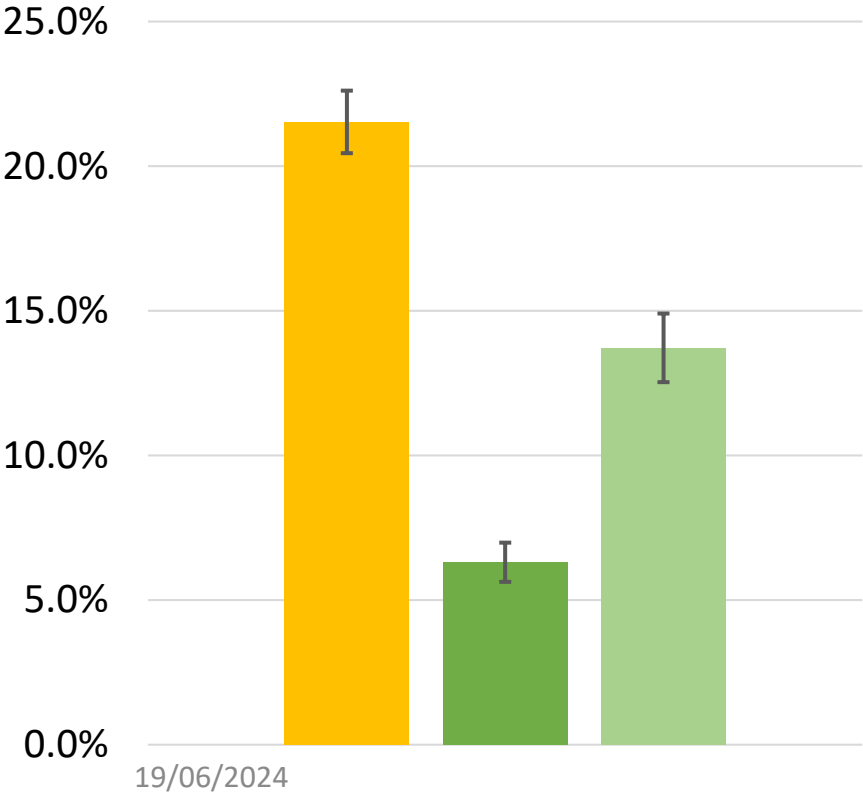




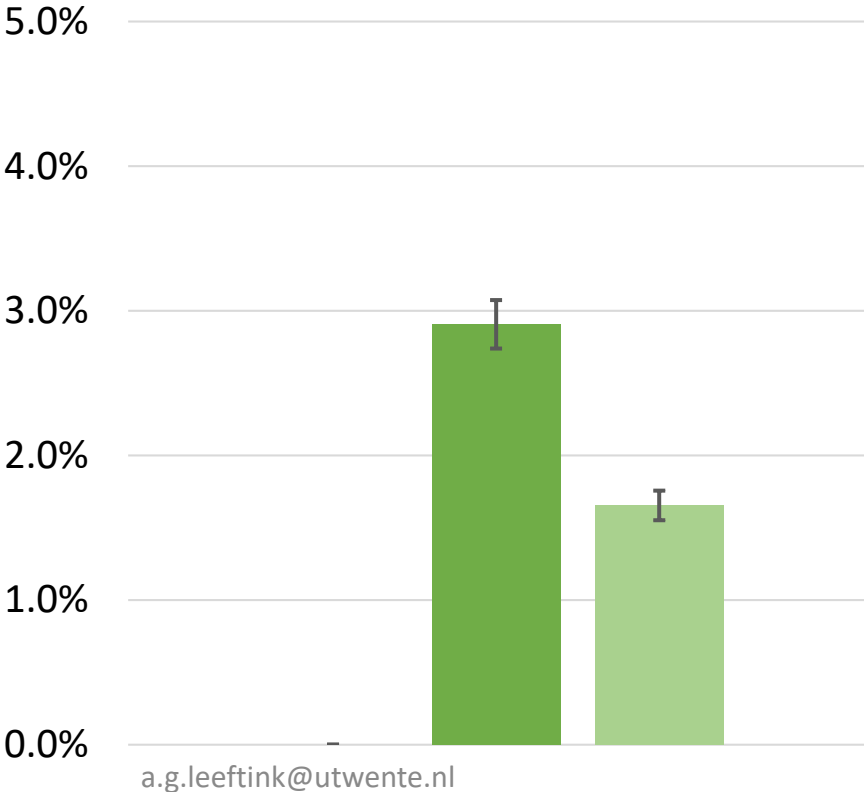
# CAPACITY SHARING IN NEONATAL CARE

... A LITTLE FLEXIBILITY GOES A LONG WAY

*Percentage of patients transported*



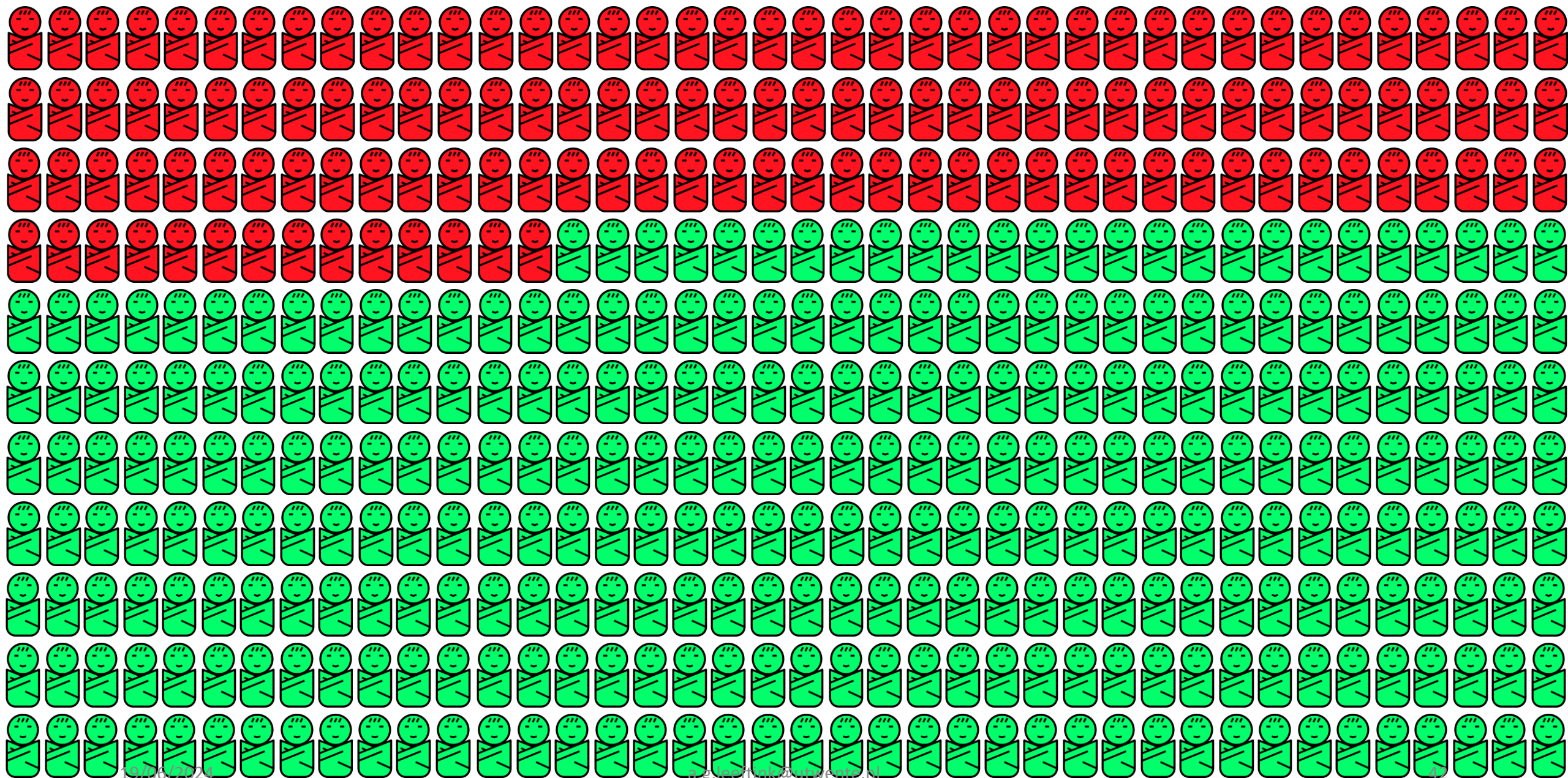
*Percentage of nurses not working in their home-base NICU*



Current situation without capacity sharing

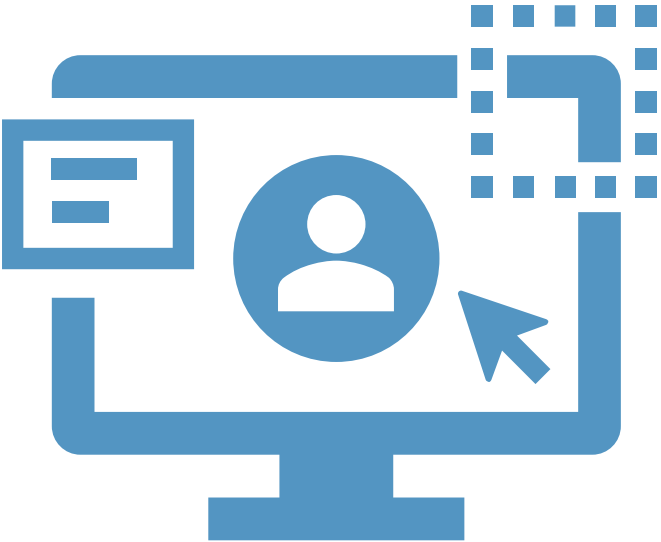
40-50% capacity sharing for all NICU locations

20% capacity sharing for 5 centrally located NICU locations



# CAPACITY SHARING IN NEONATAL CARE

## CHALLENGES BEFORE IMPLEMENTATION



# WAT VINDEN VERPLEEGKUNDIGEN VAN WERKEN IN EEN FLEXPPOOL?

WAT ALS JE NIET IN EEN FLEXPPOOL WERKT? EN WAT ALS JE WEL IN EEN FLEXPPOOL WERKT?

- Verpleegkundigen met ervaring in een flexpool zijn veel positiever over flexibel werk dan verpleegkundigen zonder ervaring.
- Uitdagingen: teamgevoel, communicatie, verschillen in protocollen en procedures.
- Persoonlijke resources: aanpassingsvermogen, zelfvertrouwen, communicatieve vaardigheden.
- Werk resources: flexibiliteit, waardering, ontwikkelmogelijkheden.



# Zorg op maat - Dataverzameling

# Zorg op maat - Data delen

# Samenwerkingsvormen

**UNIVERSITY  
OF TWENTE.**

**Prof.dr.ir. Erwin Hans**

**1996: MSc Toegepaste Wiskunde**

**2001: PhD Planning & Procesoptimalisatie**

**2005: Oprichting CHOIR**

**2013: Hoogleraar Operations Management in de Zorg**

**2022: Departementshoofd High-Tech Business &  
Entrepreneurship**

**CHOIR**  






# ONDERZOEK, ONDERWIJS EN VALORISATIE

**Onderzoek** (vraaggestuurd, impact-gedreven, interdisciplinair):

- PhD studenten en staf (zie [utwente.nl/choir](http://utwente.nl/choir))
- BSc & MSc studenten (zie [essay.utwente.nl](http://essay.utwente.nl))
- Interdisciplinaire afstudeercirkels

**Onderwijs:**

- BSc & MSc programma's @ UT
- Cursussen voor zorgprofessionals, bestuurders
- Inspiratielezingen, workshops op verzoek

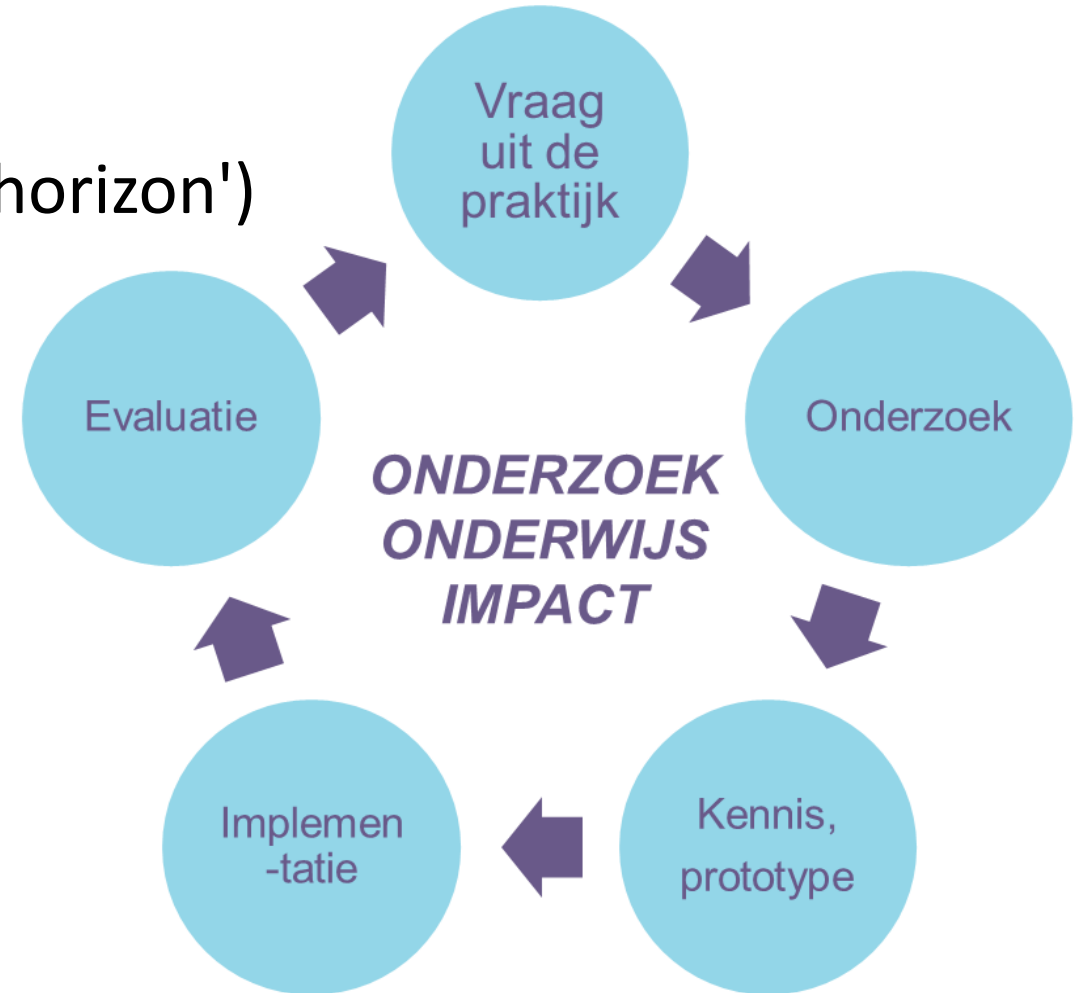
**Valorisatie:**

- Spin-offs, waaronder Rhythm/ORTEC
- Adviesraad



# STRATEGISCHE AANPAK

- Langdurige onderzoeksagenda ('stip op de horizon')
- Ecosysteem van onderwijs, onderzoek en impact
- Samenwerking met hogescholen en ROC's
- Financiering



Meer informatie over CHOIR en THT vind je hier:  
[www.utwente.nl/en/choir/research/](http://www.utwente.nl/en/choir/research/)  
[www.utwente.nl/en/bms/tht](http://www.utwente.nl/en/bms/tht)

# BEDANKT VOOR JULLIE AANDACHT

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*University of Twente*  
*CHOIR*  
*THT*



**CHOIR**  
